

**Jr League  
Basketball  
Celebrating Its  
53rd Year of Ministry**

2023 Jr. League Basketball  
Rules & Information Booklet

This basketball league is a ministry of the following churches:  
Couts Methodist, Harmony Baptist, North Side Baptist, Vic-  
tory Baptist and Spring Creek Baptist. A special thanks to these  
churches for the use of their gyms and for the direction and  
input given by representatives from each of the churches.

# History

Jr. League Basketball was started in 1969 at the Weatherford YMCA. The first year of existence included six boy's teams and the girls had only enough players for an All-Star team. In 1972, because of the need for heat and financial support, the league moved to the First Baptist Church Weatherford's new Family Life Center. The league continued to grow, adding the girl's league in 1973. In 1975, Couets Methodist, began helping to expand the league when Couets built their new activity center in 1976.

Since that date the league has grown from two divisions, to six divisions, and today more than 70 teams of boys and girls that make up the Jr. League Basketball program. Both Couets Methodist and North Side Baptist have been very faithful to keep the league ministry alive and running. Jr. League Basketball would not be one of the finest Christian based organizations in Parker County without the efforts of volunteers from NSBC, Victory Baptist, Harmony Baptist, Couets Methodist and Spring Creek Baptist. Over the years Jr. League has been very fortunate to have many dedicated volunteers: Leo Neely, Beth Potter, Mike Martin, Jimmy Day, Shannon Scoggins, Lynn Crosslin and Cindy Hott.

Our volunteers give unselfishly many hours to Jr. League, with the majority of volunteers no longer having children of their own in the league any longer. Each of us believe whole heartedly in the program and wish for many more years of success. If you have a desire to serve on the board or volunteer to help, please contact any board member.

## Presently serving on the Jr. League Basketball Committee

Cindy Holt - Couets Methodist  
Ryan Scoggins- Victory Baptist  
Jeff Carr - North Side Baptist  
Ty McLaughlin - Spring Creek Baptist  
Paul Gray - North Side Baptist  
Doug Dowd - North Side Baptist  
Jamie Mangum - New River  
Jared & Rachael Frazier

## INSURANCE

### Claim Procedures

Note: All claims forms can be picked up from Ty McLaughlin. This coverage is for every player, for coverage at both practice and games.

#### **I. If you have no other insurance coverage:**

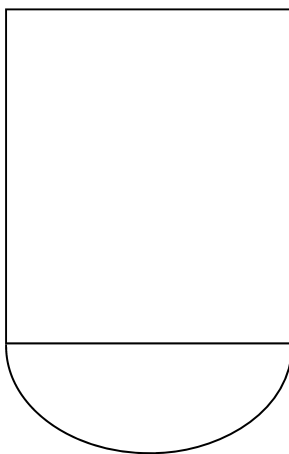
1. Complete ALL questions of the claim form. Failure to do so may result in an unnecessary delay in the processing of the claim.
2. Submit completed form to Ty McLaughlin for signature authorization. She will then submit the form to the insurance company.

#### **II. If you do have other insurance coverage:**

1. Submit complete form to Ty McLaughlin for signature authorization. He will then submit the claim form to the insurance company.
2. Submit any itemized bill pertaining to this injury to your other insurance first for their consideration. Charges should then be submitted to Francis Dean, along with payment explanation worksheets from your other insurance carrier and itemized statements from each health care provider.
3. Complete ALL questions on the claim form. Failure to full complete this form may result in an unnecessary delay in the processing of this claim.

#### **III. Thing to remember:**

1. This policy is an excess accident policy. Your primary carrier must consider any charges first. A copy is required.
2. Charges cannot be considered from your other carrier's payment explanation worksheets alone, or from balance-due statements; itemized bills must accompany all insurance explanation worksheets.
3. Each itemized bill must show the date of service, procedure, diagnosis, and the charge.
4. Any additional bills need to be submitted at a later date (after the initial submission of your claim), send them directly to Francis Dean with the following information: name of the participant; date of the accident; name of the organization (Jr. League Basketball)
5. Please allow time to properly process your claim.
6. Please respond to any correspondence requesting additional information promptly.
7. A payment explanation worksheet will be sent to you from Francis Dean showing how your claim was processed.



# Statement of Purpose

Jr. League Basketball is an opportunity for young children of the Weatherford Independent School District and/or members of the sponsoring churches to learn the fundamental of basketball under the direction of Christian coaches and in a Christian setting. Emphasis is placed on good sportsmanship and team play. Jr. League is a “play to play” league. In our efforts, it is our desire and prayer that Jesus Christ is glorified and exemplified.

## Goals

Coaches, volunteers, parents, and participants will exemplify Christ in their words and actions.

The participants will be taught the fundamentals of basketball and will be given the opportunity to learn and grow in their understanding of the sport.

## Important Dates

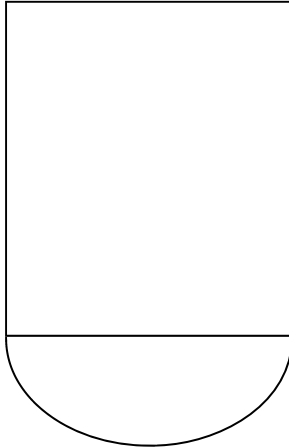
- December 30, 2022 All Players should be notified by coach
- January 16, 2023 Practices begin this week
- January 28, 2023 First game of the season
- March 4, 2023 Last scheduled game

## Team Information Jr. League Divisions

- Div. I Boys 1st & 2nd grade
- Div. II Girls 1st & 2nd grade
- Div. III Boys 3rd & 4th grade
- Div. IV Girls 3rd & 4th grade
- Div. V Boys 5th & 6th grade
- Div. VI Girls 5th & 6th grade

- 1st and 2nd boys*  
Cindy Holt
- 3rd and 4th boys*  
Ty McLaughlin
- 5th and 6th boys*  
Ty McLaughlin

- 1st and 2nd girls*  
Cindy Holt
- 3rd and 4th girls*  
Ty McLaughlin
- 5th and 6th girls*  
Ty McLaughlin



# Jr. League Basketball 2022

## Rules & Information

**STATEMENT OF PURPOSE:** Jr. League Basketball is an opportunity for young children of the Weatherford Independent School District and/or members of the sponsoring churches to learn the fundamental of basketball under the direction of Christian coaches and in a Christian setting. Emphasis is placed on good sportsmanship and team play. Jr. League is a “play to play” league. In our efforts, it is our desire and prayer that Jesus Christ is glorified and exemplified.

**NOTE:** All games will begin with a scripture reading, brief application of the scripture, and prayer. NO exceptions. The league is committed to helping children ages 6 years through 6th grade to play basketball in an environment of strong spiritual values and principles. The adults are to lead out in this effort and to provide leadership which exemplifies these teachings.

**REMEMBER:** This league is a participation/instructional league. There are no divisional playoffs, all players receive participation trophies and are considered champions in Christ Jesus. He made each one of them and has a great plan for each one of their lives.

**I Corinthians 6:19-20, “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought with a price. Therefore honor God with your body.” (NIV)**

### I. QUESTIONS:

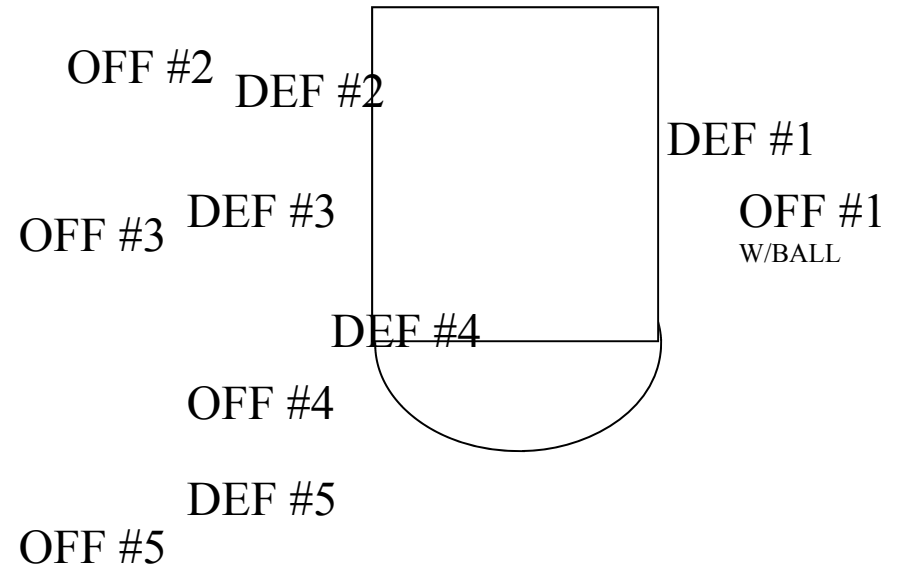
First place to visit for questions/concerns is the league website or email:

***www.jrleague.org • jrleaguebasketball@yahoo.com***  
***817-550-1699***

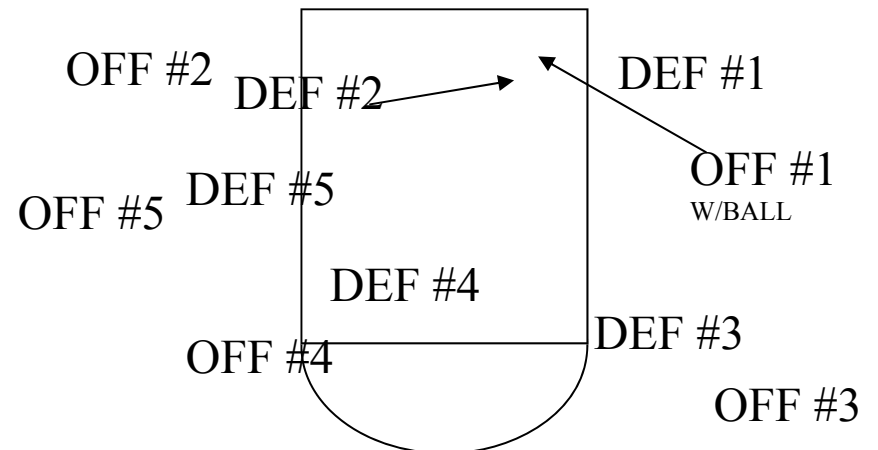
If you have an questions, comments or needs, call on one of the following gym directors:

<b>Church Gym</b>	<b>Director</b>	<b>Phone #s</b>
Couts Methodist	Cindy Hott	817-597-6204
Harmony Baptist		817-599-0600
Spring Creek Baptist	Ty McLaughlin	817-597-0407
Victory Baptist		817-304-5535
Spring Creek Baptist	Matt Edwards	432-788-1295

CLEAR OUT PLAY—  
 NOT ALLOWED IN DIVISIONS I—VI



*IF OFFENSIVE PLAYER #1 HAS THE BALL, AND IS DRIVING TO THE BASKET, DEFENDER #2 IS ALLOWED TO SLIDE OVER AND DEFEND THE GOAL*



PLAYER	JERSEY #	1ST QTR	2ND QTR	3RD QTR	4TH QTR	COMMENTS
JOHN A	1	X		X	*X*	
JEFF B	2	X		X	*X*	
BRAD B	3	X		X		
EVAN C	4	X	X		*X*	
TAYLOR G	5	X	X		*X*	
SEAN G	10		X			MISSED THIS WEEK PRACT.
LUIS R	11		X	X		
STEVEN Y	12		X		X	

X—INDICATES THE QUARTERS SCHEDULED TO PLAY  
 \*X\* - INDICATES THE QUARTERS, THAT PLAYER CAN BE SUBSTITUTED FOR DURING THE QUARTER

## II. Jr. League Divisions

### Division I

Boys 1st & 2nd grade

### Division II

Girls 1st & 2nd grade

### Division III

Boys 3rd & 4th grade

### Division IV

Girls 3rd & 4th grade

### Division V

Boys 5th & 6th grade

### Division VI

Girls 5th & 6th grade

*Locations for games are determined by Jr. League Committee. All games and practices are played at sponsoring churches. Please have your team pick up all trash and personal belongings after each game and practice*

## III. Game Schedule

1. Game schedules will be ready by your first practice and available on our website.
2. Every team will play eight games, unless weather or COVID protocol prohibits.

## IV. General Information

1. In the event of bad weather we follow WISD closings. If school releases early due to bad weather there will be no practices that day.
2. School Holidays—Gyms will be open for practices on school holidays.

# Jr. League Basketball Rules & Information Division I & II

## I. Practices for Divisions I & II

### Preseason

Practices will begin the week of January 16, 2023. Each team will have 2, 1 hour practices before the first game on Saturday, January 28, 2023.

### B. During the season

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at designated church. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
6. Practices will not be allowed on Saturday, Sunday or Wednesdays.
7. Each participant must attend all practices unless he or she has a legitimate excuse.

- a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
- b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

PLAYER	JERSEY #	1ST QTR	2ND QTR	3RD QTR	4TH QTR	COMMENTS
JOHN A	1	X		X	*X*	
JEFF B	2	X		X	*X*	
BRAD B	3	X		X		
EVAN C	4	X	X		*X*	
TAYLOR G	5	X	X		*X*	
SEAN G	10		X	X		
LUIS R	11		X	X		
STEVEN Y	12		X		X	

X—INDICATES THE QUARTERS SCHEDULED TO PLAY  
\*X\* - INDICATES THE QUARTERS, THAT PLAYER CAN BE SUBSTITUTED FOR DURING THE QUARTER

### **III. Additional Information**

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 10 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

### **IV. Coaches Information**

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches meeting at a date to be determined.
- D. A coach's booklet will be given out at the meeting. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time. Violation of policy will be removal of all coaching privileges.

### **II. Games for Division I & II**

- A. Games will be played on six consecutive Saturdays beginning January 28, 2023 and ending March 4, 2023. Games will consist of four (6 minute quarters with a 5 minute halftime. The clock only stops for time outs and when a player is injured.
- B. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- C. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
  - 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
  - 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
  - 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
  - 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
  - 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
  - 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
  - 5. A roster sheet must be turned in prior to the game.
  - 6. Tie games will end in a tie.
- H. Time Outs
  - 1. Each team will have two time outs per half.
  - 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions
  - 1. MUST RUN A MAN TO MAN DEFENSE THE ENTIRE GAME; CANNOT PICK UP THE OFFENSIVE PLAYERS UNTIL THEY PASS MID-COURT.
  - 2. NO FULL COURT PRESSES WILL BE ALLOWED.
  - 3. NO CHASERS.
  - 4. OFFENSE CANNOT RUN A CLEAR OUT PLAY. (First offense equals a warning, and the second offense equals a technical foul.)

### III. Additional Information

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 8 1/2 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

### IV. Coaches Information

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches meeting at a date to be determined.
- D. A coach's booklet will be given out at the meeting. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time. Violation of policy will be removal of all coaching privileges.

### II. Games for Division V & VI

- A. Games will be played on six consecutive Saturdays beginning January 28, 2023 and ending March 4, 2023. Games will consist of four 8 minute quarters with a 5 minute halftime. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. There will be five fouls allowed per player per game. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
  - 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
  - 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
  - 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
  - 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
  - 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
  - 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
  - 5. A roster sheet must be turned in prior to the game.
  - 6. Tie games will end in a tie.
- H. Time Outs
  - 1. Each team will have two time outs per half.
  - 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions
  - 1. Teams are allowed to run a full court press only during the second half.
  - 2. There will be a 10 point mercy rule if the pressing team is in the lead by 10 points or more.
  - 3. One on one or zone defense is allowed.
  - 4. Standard High School rules will be followed with the exception of the 10 point mercy rule and courtesy rule. (Pass 5 times before pressing team shoot)
  - 5. Intentional violation of the rules will result in 2 free throws and possession of the ball.



# **Jr. League Basketball Rules & Information Division V-VI**

## **I. Practices for Divisions V-VI**

### **Preseason**

1. Practices will begin the week of January 16, 2023. Each team will have 2, 1 hour practices before the first game on Saturday, January 28, 2023.

### **B. During the season**

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at sponsoring churches. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
6. Practices will not be allowed on Saturday, Sunday or Wednesdays.
7. Each participant must attend all practices unless he or she has a legitimate excuse.
  - a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
  - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

# **Jr. League Basketball Rules & Information Division III-IV**

## **I. Practices for Divisions III-IV**

### **Preseason**

1. Practices will begin the week of January 16, 2023. Each team will have 2, 1 hour practices before the first game of Saturday, January 28, 2023.

### **B. During the season**

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at designated churches. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.

Practices will not be allowed on Saturday, Sunday or Wednesdays.
6. Each participant must attend all practices unless he or she has a legitimate excuse.
  - a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
  - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.
7. mate excuse.

## II. Games for Division III & IV

- A. Games will be played on six consecutive Saturdays beginning January 28, 2023 and ending March 4, 2023.
- B. Games will consist of four (8 minute quarters with a 5 minute halftime. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
  - 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
  - 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
  - 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
  - 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
  - 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
  - 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
  - 5. A roster sheet must be turned in prior to the game.
  - 6. Tie games will end in a tie.
- H. Time Outs
  - 1. Each team will have two time outs per half.
  - 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions  
ENTIRE GAME
  - 1. MUST RUN A MAN TO MAN DEFENSE  
EXCEPTIONS #1—OFFENSIVE PLAYER WITH THE BALL IS DRIVING TO THE BASKET.  
EXCEPTION #2—OFFENSIVE PLAYER WITH THE BALL IS IN THE PAINT.
  - 2. CANNOT PICK UP OFFENSIVE PLAYERS UNTIL THEY PASS MID-COURT.
  - 3. NO chasers
  - 4. NO full court press
  - 5. Offense cannot run a clear out play.
- J. All games are played on 10 ft goals.

## III. Additional Information

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 10 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

## IV. Coaches Information

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches meeting at a date to be determined.
- D. A coach's booklet will be given out at the meeting. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time. Violation of policy will be removal of all coaching privileges.